# VETERAN RESOURCE DIRECTORY





UMASS GLOBAL

# Academic Support :



#### **Higher Education Resources**

The College Database offers a free online guidebook entitled "Higher Education Resources for Veterans and Their Families". The guide contains more than 150 resources to help Student Veterans and their families overcome the challenges of higher education and career training.

Website: www.accreditedschoolsonline.org/resources/higher-education-for-military-veterans



#### Tutor.com

Website: https://military.tutor.com/home

Online tutoring and homework help for U.S. Military and their families provided 24/7 at no cost.



#### **Boots to Books**

Website: www.boots2books.com

Empowering transitioning service members, veterans, and military spouses with assistance through every facet of their education and employment journey.

# Animal and Pet Services:



#### **OC Animal Care**

OC Animal Care provides discounted animal adoptions and events specifically for current or former military personnel and their families.

Address: 561 The City Drive South, Orange, CA 92868

Telephone: 714- 935-6848 Website: www.ocpetinfo.com



#### **Patriot Paws**

The mission of Patriot PAWS is to train and provide service dogs of the highest quality at no cost to disabled American veterans and others with mobile disabilities in order to help restore their physical and emotional independence.

Telephone: (972) 772-3282

Website: https://patriotpaws.org

# **Children's Services:**



#### Catalyst Kids

Child Development Centers offer preschool, before and after school care, and exciting camps during school breaks. Programs facilitate relationship building, problem solving, and discoveries in a fun learning environment.

Address: 1936 E. Deere Ave., Suite 200, Santa Ana, CA 92705

Telephone: 949-553-4440 Website: www.catalystkids.org



### Child Guidance Center

The Child Guidance Center provides tools for better parent-child relationships and behavioral & mental health services. They offer parenting seminars as well as therapy for families, children and individuals.

Address: 525 S. Cabrillo Park Dr., Suite 300, Santa Ana, CA 92701

Telephone: 949-582-3958

Website: www.cgcoc.org



#### Think Together

Website: www.THINKtogether.org

Think Together is a network of extended learning programs in California. They offer Early Literacy and Math Programs, after school learning programs, College and Career readiness and summer programs.

Address: 2101 B. 4th Street, 2nd Floor, Santa Ana, CA 92705

Telephone: 714-824-3522



### **Western Youth Services**

Mental health services through WYS clinics, school based programs, family and youth programs, resources, workshops, support groups and case management.

Address: 23461 S. Pointe Dr., Suite 220, Laguna Hills, CA 92653 Multiple clinic locations are available throughout Orange County

Telephone: 949-855-1556 Website: www.westernyouthservices.org

# **Counseling and Mental Health Services:**



#### Chapman University Community Clinic (The Francis Smith Center)

The Francis Smith Center is a non-profit clinic that provides high quality and affordable mental health services to the local community.

Address: 501 W. Palm Avenue, Crean Building, Chapman University, Orange, CA 92866

Telephone: 714- 997-6746

Website: https://www.chapman.edu/crean/academic-programs/graduate-programs/mamarriage-family/frances-smith-center.aspx

### Strength in Support

Low-cost counseling, free mentorship, and workshops are open to military members and their families. SIS provides faster access to needed counseling services.



Address: 3780 Kilroy Airport Way, Suite 200 Long Beach, CA 90806 Telephone: (310) 736-1090

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Website: https://211la.org/resources/site/strength-support



# **Catholic Charities of Orange County**

Catholic Charities of Orange County provides social services to families, children, and seniors. Services include food distribution, nutrition education, counseling, crisis intervention, immigration and citizenship help.

Address: 1800 East 17th St, Santa Ana, CA 92705 Telephone: (714) 347-9600 W

Website: http://ccoc.org



### **Seneca Family of Agencies**

These agencies offer Individual and family therapy, in home behavioral services, parent education classes, children and youth therapy groups, and after school programs.

Address: 1801 Park Court Place, Santa Ana, CA 92701

Telephone: 714-957-1004

Website: www.kinshipcenter.org

**About Face** features stories of Veterans who have experienced PTSD, their family members, and VA clinicians. There, you can learn about PTSD, explore treatment options, and get advice from others who have been there.



Website: www.ptsd.va.gov/apps/AboutFace/learn/aboutface.html

**Moving Forward** This self-help portal provides tools for overcoming everyday challenges and contains tools to help Veterans work on problem-solving skills, manage anger, develop parenting skills, and more. All tools are free and anonymous, and they are based on mental health practices that have proven successful with Veterans and their families. Website:www.veterantraining.va.gov/movingforward/index.asp





### **Coaching Into Care**

Coaching Into Care is a national telephone service of the VA which aims to educate, support, and empower family members and friends who are seeking care or services for a Veteran. We provide coaching to family and friends of Veterans who see that a Veteran in their life may be having difficulty adjusting to civilian life. Coaching is provided by licensed psychologists or social workers, free-of-charge. Free, confidential assistance is available at 1-888-823-7458. Website: www.mirecc.va.gov/coaching

# **Counseling Resources:**

#### The National Center for PTSD

Website: www.ptsd.va.gov



The National Center for PTSD is dedicated to research and education on trauma and PTSD. We work to assure that the latest research findings help individuals who have been exposed to trauma.

### **National Suicide Prevention Lifeline**



The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

Website: suicidepreventionlifeline.org

Phone: 1-800-273-8255

#### **Veterans Crisis Line**

Website: www.veteranscrisisline.net



The Veterans Crisis Line connects Veterans in crisis, their families and friends with Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text.

#### **National Veterans Foundation**

Website: www.nvf.org



The NVF and the Lifeline for Vets<sup>TM</sup> – 888-777-4443 – have helped countless American heroes one-on-one, veteran-to-veteran.

#### National Alliance on Mental Illness

Website: www.nami.org/Find-Support/NAMI-Programs



NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for millions of Americans affected by mental illness.



**Got Your Back Network** 

Website: www.gotyourbacknetwork.org

The Got Your Back Network connects with military families who have lost a loved one, and provides guidance, comfort, and resources, as well as mentorship and guidance for children.

# **Employment Services :**



### **One Stop Center of Orange County**

The Orange County One-Stop Center provides comprehensive employment and training services, and a Resource Center with access to computers, fax machines, copiers, and telephones. Other services include a resume distribution program, veteran transition services, a career resource library, labor market information, networking opportunities, job search workshops, on-site interviews with local employers, transferable skills information, job leads, and training programs.

Address: See website for locations in Garden Grove, Irvine, Buena Park Los Alamitos, Anaheim, and Santa Ana

Website: www.oconestop.com



#### **Working Wardrobes**

Website :www.workingwardrobes.org

Ensures that Veteran clients are workforce ready by offering career training, job placement assistance and professional wardrobe services in an environment of dignity and respect.

Telephone: 714- 2102460 Address: 2000 E McFadden Ave, Santa Ana, CA 92705

# Financial Assistance:



#### STEP

Website: https://www.stepsocal.org

STEP's mission is to provide emergency financial and transition assistance grants to active duty and recently discharged enlisted military and their families. Telephone: (714) 444-0075

Address: 1631 Sunflower Avenue, Suite C34 Santa Ana, CA 92704



## Afghanistan and Iraq War Veterans Scholarship

Merit based scholarships are offered to active-duty and honorably discharged U.S. military veterans of the Afghanistan or Iraqi Freedom operations who are actively pursuing an undergraduate degree in an eligible major at accredited two or four-year institutions in the United States. Distance-learning or online programs affiliated with a major U.S. institution are eligible.

Website: www.afceanova.org



# **Veterans United Foundation**

The Veterans United Foundation offers scholarship programs for Veteran and Military families to achieve their educational dreams.

Website: www.enhancelives.com

# Food and Nutrition:



Cal Fresh Website: http://www.cdss.ca.gov/inforesources/calfresh

The CalFresh Program was established to improve the nutrition of people in low-income households by increasing their food-buying power so they can purchase nutritious food, such as fruits, vegetables, and other healthy foods, for the members of their household.

Regional Centers in Anaheim, Garden Grove, Aliso Viejo, Santa Ana

Telephone: 1-800- 281-9799



#### Second Harvest Food Bank

The Second Harvest Foodbank offers a large variety of fresh produce and grocery items completely free to the public. They also offer Groceries for Seniors and After School/Summer Meals for Kids. Please call the helpline or visit their website to locate a food pantry near you.

Telephone: 855-233-3362 Website: https://www.feedoc.org

# Health and Medical:



#### Irvine Children's Health Program

I-CHP Provides assistance to income eligible families to access affordable quality health care for their children. Income eligible families can enroll into five programs based on varying requirements and availability: MediCal, Healthy Families, California Kids, Kaiser Child Plan and/or Healthy Kids.

Address: 14321 Yale Avenue Irvine, CA 92604

Telephone: 949-724-6755

Website: http://legacy.cityofirvine.org/cityhall/cs/ichp/eligibility.asp



### **Hurtt Family Health Clinic**

Hurtt Family Health Clinic provides affordable and highly accessible preventative, primary and specialized healthcare to men, women, and children of all ages. Services include primary and pediatric medical care, dental, vision, behavioral health, chiropractic, health education and more. Services are available at our two fixed locations in Tustin and Santa Ana and on our mobile sites that travel throughout Orange County.

Address: 1 Hope Drive, Tustin CA 92782

Telephone: 714-247-0300

Website: www.hurttclinic.org



#### WIC- Camino Health Center

The Women, Infants, and Children (WIC) Supplemental Nutrition Program is for women who are pregnant, breastfeeding, had a recent pregnancy loss, and for children under five. WIC offers checks to buy healthy foods, nutrition and breastfeeding support, and community referrals. Income guidelines apply.

Address: Lake Forest: 23832 Rockfield Blvd., Suite 250, Lake Forest, CA 92630 Telephone: 949-305-9682

Address: San Juan Capistrano: 30300 Camino Capistrano, San Juan Capistrano, CA 92675 Telephone: 949-488-7688

Website: www.caminohealthcenter.org/WIC



#### Dentably

Dentably is committed to helping those who have served their country find the dental resources they need.

Website: www.emergencydentistsusa.com/dental-care-resources-for-veterans



#### Team Red, White and Blue

Team RWB's mission is to enrich the lives of America's veterans by connecting them to their community through physical and social activity.

Website: https://about.teamrwb.org

# **Housing Assistance:**



#### **Supportive Housing and Shelters**

This site provides lists of housing resources; homeless shelters, supportive housing, housing for low income, halfway housing, transitional housing, day shelters, and residential alcohol and drug treatment centers by city.

Website: http://www.shelterlistings.org/state/california.html



DIGNITY • EMPOWERMENT • HOPE

#### **Families Forward**

Families Forward helps homeless families with minor aged children access safe and affordable housing. Services include case management, support programs and rental subsidies, as well as low cost counseling, free career workshops, and food assistance to qualifying families in our service area.

Address: 8 Thomas, Irvine, CA 92618

Telephone: 949-552-2727

Website: www.families-forward.org



#### South County Outreach

South County Outreach is a non-profit organization dedicated to providing hunger and homeless prevention services such as a food pantry, transitional housing, utility and rental assistance, homeless prevention counseling, computer training and clothing.

Address: 7 Whatney, Suite B, Irvine, CA 92618

Telephone: 949-380-8144

Website: www.sco-oc.org



#### **Illumination Foundation**

Illumination Foundation is an organization dedicated to ending the cycle of homelessness in Orange County providing housing, case management, work force development, medical, and afterschool tutoring programs for homeless families.

Address: 7855 Katella Ave., Stanton, CA 90680

Telephone: 714 -507-2459 Website: http://www.ifhomeless.org

# Legal Assistance:



Website: www.lawhelp.org/contact-us

Free legal help and information about legal rights from nonprofit legal aid providers in your community.



LEGAL INSTITUTE

#### Veterans Legal Institute

Veterans Legal Institute (VLI) provides pro bono legal assistance to homeless, at risk, disabled and low income current and former service members to eradicate barriers to housing, healthcare, education, and employment and foster self-sufficiency.

Address: 2100 N. Broadway Suite 209, Santa Ana, CA 92706 Telephone: 714-852-3492

Website: http://www.vetslegal.org



### **Military and Veterans Law Institute**

Chapman University Law Clinic pursues high-profile litigation and provides pro bono legal representation to military personnel and Veterans.

Address: 328 N. Glassell Street, Orange, CA Telephone: 714- 628-2692

Website: https://www.chapman.edu/research/institutes-and-centers/military-law-institute



Telephone: 714-571-5200 Website: www.communitylegalsocal.org

## Legal Aid Society of Orange County

The Legal Aid Society of Orange County provides Civil Legal services to low income individuals and promotes equal access to the Justice System through advocacy, legal counseling, innovative self help services, in-depth legal presentation, economic development and community education. Address: 2101 N. Tustin Ave. Santa Ana, CA 92705



## **Orange County Department of Social Services**

Department of Child Support Services provides professional cost-effective services to parents or caregivers of minor children. Services include the establishment and enforcement of child support orders and the establishment of legal paternity by genetic testing, complete account maintenance, and exceptional customer service.

Address: 1055 N. Main St. Santa Ana, CA 92701 Telephone: 866-901-3212 Website: www.css.ocgov.com



#### **Public Law Center**

Public Law Center's Veterans Project provides free legal assistance to Veterans with legal issues including identity theft and financial fraud, assistance in Homeless Court or Veteran's Court, expungements or dismissals, discharge upgrade, and veterans benefits.

Address: 601 Civic Center Drive West, Santa Ana, CA 92701

Telephone: 714-541-1010 Website: www.publiclawcenter.org



#### **Public Defender**

The Public Defender staffs the Orange County Superior Court's Veterans Court. Veterans Court offers a therapeutic treatment to US military service Veterans who become involved with the criminal justice system and are in need of effective mental health treatment to address issues such as Post Traumatic Stress Disorder, Traumatic Brain Injury, sexual trauma, substance abuse and other psychological problems.

Address: 14 Civic Center Plaza, Santa Ana, CA 92701

Telephone: 714- 834-2144

Website: pubdef.ocgov.com

# **STATESIDELEGAL**

Stateside Legal Website: www.statesidelegal.org

Find free legal help for military members, veterans, and their families. Submit civil law questions to the American Bar Association. Volunteer lawyers will provide answers for free.



Free Legal Answers is a virtual legal advice clinic.

Website://abafreelegalanswers.org

# **Support Services and Organizations:**

#### Military One Source

Website: www.militaryonesource.mil

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Military One Source offers policy and procedure updates, timely articles, cutting edge social media tools and support for military and Veteran communities.

#### Iraq and Afghanistan Veterans of America

Website: iava.org



Iraq and Afghanistan Veterans of America connects the nation's largest and most inclusive community of post 9/11 Veterans.

#### **Soldiers' Angels**

Website: soldiersangels.org



Soldiers' Angels supports deployed, wounded, Veteran soldiers and their families.

#### **Student Veterans of America**

Website: studentveterans.org



Student Veterans of America provides military Veterans with the resources, support and advocacy needed to succeed in higher education and following graduation.

#### **Purple Star Veterans**

Website: //psvf.org



Purple Star Veterans assists Veterans through the trials of homecoming and transition by providing support, mentoring and advocacy.

#### **Comfort Crew for Military Kids**

Website: http://www.comfortcrew.org



Comfort Crew delivers proven strategies to prepare every military child for the unique challenges they face so they positively impact themselves, their families, and our country.



Patriots and PawsWebsite: http://www.patriotsandpaws.orgPatriots and Paws provides Veterans, active duty military and their familieswith home furnishings and can unite them with a rescued companionshipanimal.Telephone: 714-323-7229Warehouse address: 1515 W. Collins Avenue, Orange, CA 92867



#### Semper Fi Fund

Website: https://semperfifund.org

The Semper Fi Fund provides immediate financial assistance and lifetime support for injured and critically ill members of the U.S. Armed Forces and their families. Programs include family support, adaptive housing, adaptive transportation, specialized equipment, education and career transitioning and sports programs.

#### AMVETS

Website: amvets.org



**AMVETS (American Veterans)** is the nation's most inclusive Congressionally-chartered Veterans service organization, representing the interests of 20 million veterans. AMVETS is open to and fighting for all who honorably served in the United States military, including the Reserve and Guard. With more than 250,000 members nationwide, the provide scholarships, career guidance, and multiple support services.



**TAPS** provides comfort, care and resources to all those grieving the death of a military loved one. It provides 24/7 support to provide resources, services and support to surviving military families. This includes online chats, peer support, financial assistance, and mental health resources for military families and their loved ones.

Phone: 1800-959-8277

Website: www.taps.org

NNECTION

### Make the Connection

An online resource designed to connect Veterans, their family members, friends and other supporters with information and solutions to issues affecting their lives.

Website: www.maketheconnection.net



# 211 Orange County

Connects thousands of individuals and families to needed community based programs, including where to find a community clinic, dental care, immunizations, and prescription assistance, food, homeless shelters, elder and childcare, legal services and other resources offered by local nonprofits and government agencies.

MAKE THE

Website: www.211oc.org

Telephone: (888) 600-4357



## **City of Irvine, Community Support Services**

#### **Child Resource Center**

Hosts a lending library of child development and parenting books, educational toys, children's books, children's music CDs, child development DVDs, training materials, and many more resources.

#### **Community Parks**

Offers a variety of activities advertised in the quarterly Inside Irvine Magazine for people of all ages. The Mobile Recreation Program (MRP) is a free drop in program providing safe and fun school activities for children ages 10 and up.

#### **Disability Services**

Offers support services for persons with disabilities, their families, and caregivers who live or work in Irvine, social and recreational programs for 14+, adaptive yoga, swim lesson, Inclusion & Accommodation services, resource and referrals, and disability awareness events and training.

Address: 1 Civic Center Plaza, Irvine, CA 92606

Telephone: Child Resource Center 949-724-6271, Community Parks 949-724-6600 Disability Services 949-724-6637

Website: www.cityofirvine.org



#### **Tierney Center for Veterans Services**

Goodwill of Orange County's Tierney Center for Veteran Services include employment and career counseling, housing assistance, legal services, financial counseling and education services for all Veterans, immediate family members, and military personnel. All services are provided at no cost.

Address: 1231 Warner Avenue, Tustin, CA 92780

Telephone: 855- 998-3837 Website: http://www.ocgoodwill.org/tierney-center



#### We Honor Veterans

We Honor Veterans offers aggregate resources to comfort patients with a history of military service and possibly physical or psychological trauma.

Website: https://wehonorveterans.org/resources



# The Orange County Veterans & Military Families Collaborative

The Orange County Veterans & Military Families Collaborative (OCVMFC) serves as a bridge to connect veterans, active duty and reserve service members, and military family members to quality resources, benefits, services, and opportunities within the community of Orange County, California.

Website: www.ocvmfc.com



#### **Disabled American Veterans**

#### Website: www.dav.org

DAV helps more than one million veterans every year connect with the healthcare, disability, employment, education, and financial benefits they've earned. If you're a veteran or are transitioning out of the military, DAV is here to help you and your family through a lifetime of services and support.



#### **Wounded Warrior Project**

Website: www.woundedwarriorproject.org

Serves Veterans and service members who incurred a physical or mental injury, illness, or wound while serving in the military on or after September 11, 2001. Provides resources on getting connected, mental wellness, physical wellness, career, and VA benefits counseling, and has a Veteran Independence program.

# **Transportation Services:**



#### TRIPS

Website: www.cityofirvine.org/senior-services/trips

Provides low-cost, door-to-door, wheelchair accessible transportation service to Irvine seniors and adults with disabilities. All participants must be unable to drive due to a permanent physical or cognitive disability. Pre-registration and eligibility determination required.

Address: 6427 Oak Canyon, Irvine, CA 92618

Telephone: 949-724-7433