



A private nonprofit affiliate of University of Massachusetts

**State Licensure Information: Iowa**

**Licensing Board:** [Health and Human Services](#)

**Accreditation Information:** Regional Accreditation is required.

The University of Massachusetts Global is regionally accredited under the Western Association of Schools and Colleges (WASC)

**Degree Program total unit requirement:** A minimum of 69

**Course equivalency:** One (1) course is equal to three (3) semester credits (units)

**Courses or course work required:**

1. Marriage and Family Therapy Theory
2. Marriage and Family Therapy Assessment and Treatment
3. Human Development
4. Ethics and Professional Studies
5. Research
6. Social and Cultural Foundations
7. Career and Lifestyle Development
8. Helping Relations
9. Diagnosis and Assessment
10. Counseling Theories & Techniques
11. Psychopathology
12. Practicum and Internship

**Courses required compared to UMass Global courses offered:**

Iowa Course Work	UMASS Global Equivalency
Marriage and Family Therapy Theory	PSYU 502 – History and Foundations of Therapeutic Practices
	PSYU 516 – Assessment and Treatment of Substance Abuse
	PSYU 524 – Clinical Issues in Human Diversity
Marriage and Family Therapy Assessment and Treatment	PSYU 512 – Family Therapy Theories and Techniques: A Modern Emphasis
	PSYU 514 – Couples Therapy
	PSYU 526 – Family Therapy Theories and Techniques: A Postmodern Emphasis
Human Development	PSYU 510 – Psychopathology and Diagnosis
	PSYU 518 – Child and Adolescent Psychopathology and Child Abuse
	PSYU 522 – Individual and Family Development
Ethical and Professional Studies	PSYU 506 – Ethical and Professional Issues
Research	PSYU 528 – Research and Bibliographic Methods



A private nonprofit affiliate of University of Massachusetts

Social and Cultural Foundations	PSYU 524 – Clinical Issues in Human Diversity
Career Development and Lifestyle Development	PSYU 545 – Transitions to Work and Career
Helping Relations	PSYU 502 – History and Foundations of Therapeutic Practices
Group Dynamics	PSYU 530 – Theory and Practice of Group Therapy
Diagnosis and Assessment	PSYU 534 - Clinical Assessment
Counseling Theories and Techniques	PSYU 520 – Advanced Individual Therapy I
Psychopathology	PSYU 510 – Psychopathology and Diagnosis
Practicum and Internship	PSYU 688 – Practicum I
	PSYU 689 – Practicum II
	PSYU 690 – Practicum III

### Practicum Requirements:

In compliance with the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) standards, the University practicum requirements are standardized across all applicable states. These requirements meet or exceed your specific state guidelines for practicum. For more details regarding practicum, please contact the Field Support Team at [mftpccclinical@umassglobal.edu](mailto:mftpccclinical@umassglobal.edu).

Total Clinical Hours	Direct Client Contact Hours	Supervision Hours	Length of Practicum
<b>700 total Hours</b>	<b>300</b> total hours	<b>100</b> total hours	A minimum of 12 months
<b>300</b> direct client contact hours <b>100</b> supervision hours <b>300</b> Indirect clock hours or DCC (clinic duties or additional DCC)	<b>100</b> of the total direct client contact hours must be with couple and family client units.  The remaining <b>200</b> hours may be individual or relational hours.	<b>50</b> hours must be observable (audio and video recording)	