



A private nonprofit affiliate of University of Massachusetts

State Licensure Information: Oregon

Licensing Board: [Board of Licensed Professional Counselors and Therapists](#)

Accreditation Information: Regional Accreditation is required.

The University of Massachusetts Global is regionally accredited under the Western Association of Schools and Colleges (WASC)

Degree Program total unit requirement: A minimum of 69

Course equivalency: One (1) course is equal to three (3) semester credits (units)

Courses or course work required:

1. Individual and Family Development/Human Growth and Lifespan Development
2. Couple and Family Theoretical Foundation Studies
3. Couples and Family Therapy, Treatment and Technique Studies
4. Diagnosis of Mental Disorders
5. Diversity Studies that include issues related to Diversity, Power and Privilege/Social and Cultural Foundations
6. Research Methods or Statistics
7. Ethical and Professional Studies
8. Counseling Theory
9. Helping Relationships
10. Group Dynamics Processing and Counseling
11. Lifestyle and Career Development
12. 16 semester hours of Support Coursework in Specialty Areas

Courses required compared to UMass Global courses offered

Oregon Course Work	UMASS Global Equivalency
Individual and Family Development	PSYU 522 – Individual and Family Development
	PSYU 518 - Child and Adolescent Psychopathology
Couple and Family Theoretical Foundation Studies	PSYU 502 – History and Foundations of Therapeutic Practices
	PSYU 514 – Couples Therapy
Couple and Family Therapy, Treatment and Technique Studies	PSYU 512 – Family Therapy Theories and Techniques: A Modern Emphasis
	PSYU 526 – Family Therapy Theories and Techniques: A Postmodern Emphasis
Diagnosis of Mental Disorders	PSYU 510 – Psychopathology and Diagnosis
Diversity Studies	PSYU 524 – Clinical Issues in Human Diversity
Research	PSYU 528 – Research and Bibliographic Methods
Professional Ethics	PSYU 506 – Ethical and Professional Issues
Counseling Theory	PSYU 520 – Advanced Individual Therapy I



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Helping Relationships	PSYU 502 - History and Foundations of Therapeutic Practices
Group Dynamics Processing and Counseling	PSYU 530 – Theory and Practice of Group Therapy
Lifestyle and Career Development	PSYU 545 – Transitions to Work and Career
16 semester hours of Coursework in Specialty Areas	PSYU 512 – Family Therapy Theories and Techniques: A Modern Emphasis
	PSYU 526 - Family Therapy Theories and Techniques: A Postmodern Emphasis
	PSYU 514 – Couples Therapy
	PSYU 518 – Child/Adolescent Psychopathology

Practicum Requirements:

In compliance with the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) standards, the University practicum requirements are standardized across all applicable states. Your state may have additional requirements. Please see the hours breakdown in the chart below. For more details regarding practicum, please contact the Clinical Support Team at mftpccclinical@umassglobal.edu.

Total Clinical Hours	Direct Client Contact Hours	Supervision Hours	Length of Practicum
700 total Hours	300 total hours	100 total hours	A minimum of 12 months
300 direct client contact hours 100 supervision hours 300 Indirect clock hours or DCC (clinic duties or additional DCC)	100 of the total direct client contact hours must be with couple and family client units. The remaining 200 hours may be individual or relational hours.	50 hours must be observable (audio and video recording)	