

## State Licensure Information: Delaware

**Licensing Board:** [Delaware Board of Mental Health and Chemical Dependency Professionals](#)

**Accreditation Information:** Regional Accreditation is required

UMass Global is regionally accredited under the Western Association of Schools and Colleges (WASC)

**Degree Program total unit requirement:** A minimum of 45

**Course equivalency:** One (1) course is equal to three (3) semester credits (units)

### Courses or course work required:

1. 1 MFT Models and Theories
2. 1 Theories and Techniques of Family Therapy
3. 1 Theories and Techniques of Marital/Couple Therapy
4. 1 Psychopathology
5. 1 Diagnosis and Treatment
6. 1 Culture, Gender, and Diversity
7. 1 Sexual Issues
8. 1 Professional Issues and Ethics
9. 1 Research & Evaluation
10. 3 Practicum

### Courses required compared to BU courses offered

| Delaware Course Work                              | UMass Global Equivalency   |
|---|--|
| MFT Models and Theories                           | PSYU 512 – Family Therapy Theories and Techniques: A Modern Emphasis     |
| Theories and Techniques of Family Therapy         | PSYU 526 – Family Therapy Theories and Techniques: A Postmodern Emphasis |
| Theories and Techniques of Marital/Couple Therapy | PSYU 514 – Couples Therapy   |
| Psychopathology                                   | PSYU 510 – Psychopathology and Diagnosis                                 |
| Diagnosis and Treatment                           | PSYU 520 – Advanced Individual Therapy I                                 |
| Culture, Gender, and Diversity                    | PSYU 524 – Clinical Issues in Human Diversity                            |
| Sexual Issues                                     | PSYU 538 – Assessment and Treatment of Sexual Disorders                  |
| Professional Issues and Ethics                    | PSYU 506 – Ethical and Professional Issues                               |
| Research & Evaluation                             | PSYU 528 – Research and Bibliographic Methods                            |
| Practicum   | PSYU 660, 661, 662, 663, 664, & 665 – Practicum                          |

### Practicum Requirements:

In compliance with the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) standards, the University practicum requirements are standardized across all applicable states. These requirements meet or exceed your specific state guidelines for practicum. For more details regarding practicum, please contact the Field Support Team at [mftpccfield@umassglobal.edu](mailto:mftpccfield@umassglobal.edu).

| Total Clinical Hours   | Direct Client Contact Hours   | Supervision Hours  | Length of Practicum    |
|--|---|--|------------------------|
| <b>600 total Hours</b>   | <b>500</b> total hours  | <b>100</b> total hours   | A minimum of 12 months |
| <b>500</b> direct client contact hours<br><b>100</b> supervision hours | <b>200</b> of the total direct client contact hours must be with couple and family client units.<br><br><b>300</b> hours working with individuals, collateral, and assessments. | <b>50</b> hours must be observable (audio and video recording as well as live supervision) |                        |