

State Licensure Information: Utah

Licensing Board: Utah Department of Commerce: Division of Occupational and Professional Licensing

<https://dopl.utah.gov/mft/>

Accreditation Information: Regional Accreditation is required

UMass Global is regionally accredited under the Western Association of Schools and Colleges (WASC)

Degree Program total unit requirement: None

Course equivalency: One (1) course is equal to three (3) semester credits (units)

Courses or course work required:

1. 2 courses covering Foundations of Marriage and Family therapy
2. 3 courses covering Assessment and treatment in Marriage and family therapy
3. 2 courses covering Human Development
4. 1 course covering Research Methods or Statistics
5. 1 course covering Professional Issues and Ethics
6. 1 course as an Elective in Marriage and Family Therapy

Courses required compared to UMass Global courses offered

Utah Course Work	UMass Global Equivalency
Foundations of Marriage and Family therapy	PSYU 502 – History and Foundations of Therapeutic Practices
	PSYU 538 – Assessment and Treatment of Sexual Disorders
Assessment and treatment in Marriage and Family Therapy	PSYU 512 – Family Therapy Theories and Techniques: A Modern Emphasis
	PSYU 526 – Family Therapy Theories and Techniques: A Postmodern Emphasis
	PSYU 514 – Couples Therapy
Human Development	PSYU 522 – Individual and Family Development
	PSYU 518 – Child/Adolescent Psychopathology
Research	PSYU 528 - Research and Bibliographic Methods
Professional Ethics	PSYU 506 - Ethics and Professional Issues
Elective	Any of the other offered courses

Practicum Requirements:

In compliance with the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) standards, the University practicum requirements are standardized across all applicable states. These requirements meet or exceed your specific state guidelines for practicum. For more details regarding practicum, please contact the Field Support Team at mftpccfield@umassglobal.edu.

Total Clinical Hours	Direct Client Contact Hours	Supervision Hours
600 total Hours	500 total hours	100 total hours
500 direct client contact hours 100 supervision hours	200 of the total direct client contact hours must be with couple and family client units. 300 hours working with individuals, collateral, and assessments.	50 hours must be observable (audio and video recording as well as live supervision)