## **State Licensure Information: Alabama**

State Licensing Board: Alabama Board of Examiners in Counseling

Accreditation Information: Regional Accreditation is required

UMass Global is regionally accredited under the Western Association of Schools and Colleges (WASC)

Degree Program total unit requirement: A minimum of 48 units

**Course equivalency:** One (1) course is equal to three (3) semester credits (units)

## Courses or course work required:

1. Counseling Theory

- 2. Human Growth and Development
- 3. Social and Multicultural Foundation
- 4. The Helping Relationship
- 5. Group Dynamics, Processing and Counseling
- 6. Lifestyle and Career Development
- 7. Appraisal of Individuals
- 8. Research and Evaluation
- 9. Professional Orientation Ethics and Legal standards
- 10. Practicum 100 clock hours
- 11. Internship 600 clock hours

## Courses required compared to UMass Global courses offered

Alabama Course Work	UMass Global Equivalency		
Counseling Theory	PSYU 520 – Advanced Individual Therapy I		
Human Growth and Development	PSYU 522 – Individual and Family Development		
Social and Multicultural Foundation	PSYU 524 – Clinical Issues in Human Diversity		
The Helping Relationship	PSYU 502 – History and Foundations of Therapeutic		
	Practices		
Group Dynamics, Processing and Counseling	PSYU 530 – Theory and Practice of Group Therapy		
Lifestyle and Career Development	PSYU 545 – Transition to Work and Career		
Appraisal of Individuals	PSYU 534 – Clinical Assessment		
Research and Evaluation	PSYU 528 – Research and Bibliographic Methods		
Professional Orientation – Ethics and Legal	PSYU 506 – Ethical and Professional Issues		
standards			
Practicum – 100 clock hours	PSYU 688 – Practicum I		
Internship – 600 clock hours	PSYU 689 & 690 – Practicum II & III		

## **Practicum requirements:**

Practicum I / Pre-	Supervision	Practicum II & III /	Supervision	Total
Practicum		Internship		Practicum
				Experience

Revised Date: May 13, 2021

40 direct client	8 hours of	240 direct client	1 hour per week of	700 total
contact	Individual	contact	individual	clocked hours
	supervision and 16		supervision	
36 hours of	hours of group	600 total clocked	1.5 hours per week	
clinical practice	supervision	hours	of group	
			supervision	
100 total clocked				
hours			A minimum of 2.5	
			hours per week of	
			supervision	

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