

State Licensure Information: Alaska

State Licensing Board: [Alaska Board of Professional Counselors](#)

Accreditation Information: Regional Accreditation is required

UMass Global is regionally accredited under the Western Association of Schools and Colleges (WASC)

Degree Program total unit requirement: A minimum of 60 units

Course equivalency: One (1) course is equal to three (3) semester credits (units)

Courses or course work required:

1. The Helping Relationship
2. Human Growth and Development
3. Social and Cultural Foundation, including multicultural issues
4. Diagnosis, Treatment planning, and Prevention
5. Group Dynamics, Processing and Counseling
6. Lifestyle and Career Development
7. Assessment, Appraisal, and Testing of Individuals
8. Research and Evaluation
9. Professional Orientation – Ethics and Legal standards
10. Marriage and Family Counseling & Therapy

Courses required compared to UMass Global courses offered

Alaska Course Work	UMass Global Equivalency
The Helping Relationship	PSYU 502 – History and Foundations of Therapeutic Practices
Human Growth and Development	PSYU 522 – Individual and Family Development
Social and Multicultural Foundation	PSYU 524 – Clinical Issues in Human Diversity
Diagnosis, Treatment planning, and Prevention	PSYU 510 – Psychopathology and Diagnosis
Group Dynamics, Processing and Counseling	PSYU 530 – Theory and Practice of Group Therapy
Lifestyle and Career Development	PSYU 545 – Transition to Work and Career
Appraisal of Individuals	PSYU 534 – Clinical Assessment
Research and Evaluation	PSYU 528 – Research and Bibliographic Methods
Professional Orientation – Ethics and Legal standards	PSYU 506 – Ethical and Professional Issues
Marriage and Family Counseling & Therapy	PSYU 512 – Family Therapy Theories and Techniques: A Modern Emphasis

Practicum requirements:

Practicum I / Pre-Practicum	Supervision	Practicum II & III / Internship	Supervision	Total Practicum Experience
94 direct client contact	19 hours of Individual supervision or 38 hours of group supervision	188 direct client contact	38 hours of Individual supervision or 76 hours of group supervision	339 total hours