



A private nonprofit affiliate of University of Massachusetts

**State Licensure Information: Illinois**

**State Licensing Board:** [Professional Counselor Licensing](#)

**Accreditation Information:** Regional Accreditation is required.

The University of Massachusetts Global is regionally accredited under the Western Association of Schools and Colleges (WASC)

**Degree Program total unit requirement:** A minimum of 48 units

**Course equivalency:** One (1) course is equal to three (3) semester credits (units)

**Courses or course work required:**

1. Counseling Theory & Techniques
2. Human Growth and Development
3. Cultural and Social Foundations
4. Group Dynamics
5. Family Dynamics
6. Maladaptive Behavior & Psychiatric Illness
7. Career and Lifestyle Development
8. Individual Appraisal
9. Research and Evaluation
10. Substance Abuse
11. Professional Standards – (must include Illinois law)

**Courses required compared to UMG courses offered.**

| Illinois Course Work                       | UMass Global Equivalency   |
|--|--|
| Counseling Theory                          | PSYU 502 – History and Foundations of Therapeutic Practices          |
| Human Growth and Development               | PSYU 522 – Individual and Family Development                         |
| Cultural and Social Foundations            | PSYU 524 – Clinical Issues in Human Diversity                        |
| Group Dynamics                             | PSYU 530 – Theory and Practice of Group Therapy                      |
| Family Dynamics                            | PSYU 512 – Family Therapy Theories and Techniques: A Modern Emphasis |
| Maladaptive Behavior & Psychiatric Illness | PSYU 510 – Psychopathology and Diagnosis                             |
| Career and Lifestyle                       | PSYU 545 – Transition to Work and Career                             |
| Individual Appraisal                       | PSYU 534 – Clinical Assessment                                       |
| Research and Program Evaluation            | PSYU 528 – Research and Bibliographic Methods                        |
| Substance Abuse                            | PSYU 516 – Assessment and Treatment of Substance Abuse               |
| Professional Standards                     | PSYU 506 – Ethical and Professional Issues                           |



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**Practicum requirements:**

| Practicum I / Pre-Practicum | Supervision   | Practicum II & III / Internship | Supervision   | Total Practicum Experience |
|-----------------------------|---|---------------------------------|---|----------------------------|
| 94 direct client contact    | 19 hours of Individual supervision or 38 hours of group supervision | 188 direct client contact       | 38 hours of Individual supervision or 76 hours of group supervision | <b>339 total hours</b>     |