



A private nonprofit affiliate of University of Massachusetts

State Licensure Information: Maine

Licensing Board: [Maine Board of Counseling Professionals Licensure](#)

Accreditation Information: Regional Accreditation is required.

The University of Massachusetts Global is regionally accredited under the Western Association of Schools and Colleges (WASC)

Degree Program total unit requirement: A minimum of 60

Course equivalency: One (1) course is equal to three (3) semester credits (units)

Courses or course work required:

1. 3 courses covering Marital and Family Studies
2. 3 courses covering Marital and Family Therapy
3. 1 course covering Diagnosis and Treatment
4. 1 course covering Human Sexuality
5. 1 course covering Research and Evaluation
6. 1 course covering Professional Orientation

Courses required compared to UMass Global courses offered:

Maine Course Work	UMass Global Equivalency
Marital and Family Studies	PSYU 502 – History and Foundations of Therapeutic Practices
	PSYU 516 – Assessment and Treatment of Substance Abuse
	PSYU 538 – Assessment and Treatment of Sexual Disorders
Marital and Family Therapy	PSYU 512 – Family Therapy Theories and Techniques: A Modern Emphasis
	PSYU 514 – Couples Therapy
	PSYU 526 – Family Therapy Theories and Techniques: A Postmodern Emphasis
Diagnosis and Treatment	PSYU 510 - Psychopathology and Diagnosis
Human Sexuality	PSYU 538 - Assessment and Treatment of Sexual Disorders
Research and Evaluation	PSYU 528 - Research and Bibliographic Methods
Professional Orientation	PSYU 506 - Ethics and Professional Issues

Practicum Requirements:

In compliance with the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) standards, the University practicum requirements are standardized across all applicable states. These requirements meet or exceed your specific state guidelines for practicum. For more details regarding practicum, please contact the Clinical Support Team at mftpcclinical@umassglobal.edu.



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Total Clinical Hours	Direct Client Contact Hours	Supervision Hours	Length of Practicum
460 total Hours	360 total hours	100 total hours	A minimum of 12 months
360 direct client contact (DCC) hours 100 supervision hours	100 of the total direct client contact hours must be with couple and family client units. The remaining 260 hours may be individual or relational hours.	50 hours must be observable (audio and video recording)	
The state of Maine requires students to complete a total of 900 clock hours which includes a total of 360 DCC and 100 hours of supervision. The remaining 440 hours should be indirect services (case management, collateral, notes, training, etc.)			