



A private nonprofit affiliate of University of Massachusetts

**State Licensure Information: New Jersey**

**Licensing Board:** [New Jersey State Board of Marriage and Family Therapy Examiners](#)

**Accreditation Information:** Regional Accreditation is required.

The University of Massachusetts Global is regionally accredited under the Western Association of Schools and Colleges (WASC)

**Degree Program total unit requirement:** None

**Course equivalency:** One (1) course is equal to three (3) semester credits (units)

**Courses or course work required:**

1. 4 courses covering Assessment and Treatment in Marriage and Family Therapy
2. 2 courses covering Theoretical Foundations
3. 2 courses covering Human Development and Family Studies
4. 1 course covering Ethics and Professional Development
5. 1 course covering Research
6. One elective that develops the future clinician’s knowledge in an area of personal interest. It should be applicable to MFT practice but may be drawn from the candidate’s choice of disciplines.

**Courses required compared to UMass Global courses offered:**

New Jersey Course Work	UMass Global Equivalency
Assessment and Treatment in Marriage and Family Therapy	PSYU 512 – Family Therapy Theories and Techniques: A Modern Emphasis
	PSYU 526 – Family Therapy Theories and Techniques: A Postmodern Emphasis
	PSYU 514 – Couples Therapy
	PSYU 516 - Assessment and Treatment of Substance Abuse
Theoretical Foundations	PSYU 502 – History and Foundations of Therapeutic Practices
	PSYU 538 – Assessment and Treatment of Sexual Disorders
Human Development and Family Studies	PSYU 522 – Individual and Family Development
	PSYU 518 – Child/Adolescent Psychopathology
Ethics and Professional Development	PSYU 506-Ethics and Professional Issues
Research	PSYU 528 - Research and Bibliographic Methods

**Practicum Requirements:**

In compliance with the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) standards, the University practicum requirements are standardized across all applicable states. These requirements meet or exceed your specific state guidelines for practicum. For more details regarding practicum, please contact the Clinical Support Team at [mftpcclinical@umassglobal.edu](mailto:mftpcclinical@umassglobal.edu).

Total Clinical Hours	Direct Client Contact Hours	Supervision Hours	Length of Practicum
<b>400 total Hours</b>	<b>300 total hours</b>	<b>100 total hours</b>	A minimum of 12 months
<b>300</b> direct client contact hours <b>100</b> supervision hours	<b>100</b> of the total direct client contact hours must be with couple and family client units.  The remaining <b>200</b> hours may be individual or relational hours.	<b>50</b> hours must be observable (audio and video recording)	